What to do if your child is missing...





- Check your child is not in the house, garden or nearby spaces.
- 2 Try to call them or contact them on social media.
- Check if they have taken any important things with them like money or clothing.
- Contact friends and family to check if they know where your child is.
- 5 Ask friends and family to help you find them.
- If you can't find them, call the police on 101 (999 if you think they are in danger) and tell them as much info as you can.
- Ask the police for a log number and record this, this will help you with further updates.
- When the police visit to take a full missing report, give them as much info as you can, including a recent photograph.
- If you go out to look for them, take a phone so you can make and receive calls.
- Make sure someone stays at home in case they return.

What to do when your child returns...





- Stay calm and tell them you're happy to have them home.
- 2 Call 101 to tell the police your child has returned home.
- Reassure your child that you'll help them deal with any problems.
- Encourage them to tell you about where they were and who they were with.
- 5 Listen to them and make sure they feel supported.
- Take note of what they tell you if they have been harmed and/or a crime has been committed, tell the police, record the crime number and seek medical help if necessary.
- The police will visit your child to do a safe and well check.
- An advocate will visit your child to do an independent return interview this will be an opportunity for them to talk about any further issues and help to identify further support.
- Talk to your child and agree what you can all do so they won't go missing again.